

# UNIVERSAL YOUTH WORK PARTNERSHIP

EVALUATION REPORT 2019 TO 2022 By Catch the Light



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#### INTRODUCTION

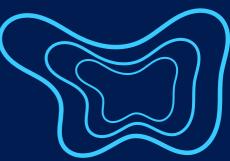
Introducing the project and the Strategic Universal Youth Work Parters.



9-14

#### IMPACT

An overview of the impact for the whole project and a breakdown for each partner.



#### PARNTERSHIP OUTCOMES & LESSONS LEARNED

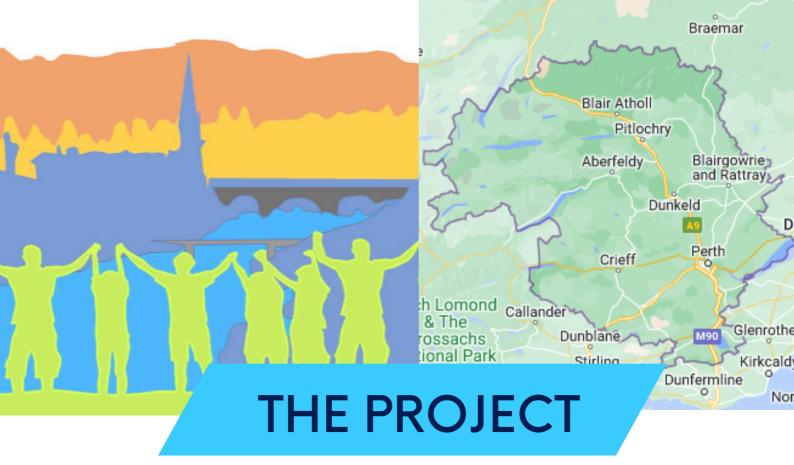
A closer look at the partnership outcomes achieved and a summary of the lessons learned. 16-22

# 24-52

#### **CASE STUDIES**

Case studies which tell the story of the summer of 2021, followed by feedback from the funding officers.





The following provides an overview of the Universal Youth Work Partnership and its outcomes.

The outcomes were set out in 2018-19 as part of a procurement process that invited eligible organisations to tender for place-based lots of a three-year contract. The subsequent lockdown and restrictions were then unknown. Therefore the outcomes defined expectations of services that were fully operational, without restrictions:

#### YOUNG PEOPLE

YP1. More young people have access to community based youth work that provides them with a safe place to go, something to do, and somebody to talk to.

YP2. Development of soft and hard skills that improve their life chances.

YP3. Increased opportunities for developing and testing leadership and decision making skills.

YP4. Improved access to accreditation of non-formal learning.

#### **UNIVERSAL YOUTH WORK**

The Gannochy Trust in partnership with Perth & Kinross Council (PKC) have invested more than £900,000 over a three year period (April 2019 to March 2022) in universal youth work, to strengthen local organisations and the breadth and depth of what they deliver in all five locality areas across Perth and Kinross.

The project emphasises **universal** provision which asks providers to, work over three years to proactively engage with young people aged 11-19 based on the following:

"It will focus on providing a local place to go for young people in the evenings and weekends, support their social and emotional wellbeing, offer them the chance to have their voice heard, allow them to take part in volunteering opportunities and encourage them to gain recognition of achievement and or accreditation. The service will be flexible and will work locally with partners to reflect the changing needs of communities and wider public service reform."

# THE YOUTH WORK PARTNERS



Funded by:

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#### YOUTH ORGANISATIONS

YO1. Security and sustainablity with core and programme support.

YO2. Reduced time spent on applications and reporting with Gannochy Trust & PKC.

YO3. Shared knowledge, expertise and resources through structured networking and monitoring.

YO4. Increased profile, voice and value from being part of an authority wide collective.

#### THE PARTNERSHIP

### P1. Added value beyond that brought by the funding alone including:

1.1 A more cohesive approach to universal youth work delivery.1.2 Better understanding of the challenges and of the services available across the area.

1.3 Better use and sharing of the limited resources.

1.4 A service that is better able to respond to changes in need.

### P2. Increased mutual trust for better future collaborative working.

Perth and Kinross has a population of around 152 thousand people and 70 thousand households. In 2019, 16% of the population were under 16 which is slightly fewer than the national average (16.9%). The majorty of the population are of White Scottish or UK origin. Perth and Kinross is also home to the largest settled Gypsy/Traveller population in Scotland. In recent times families of Polish, Romanian and Bulgarian communities have settled in the area alongside more established minority ethnic communities from India, Hong Kong and Pakistan. Individuals and families classed as refugees and Unaccompanied Asylum Seeking Children are also accommodated part of the UK Government resettlement programme. The 2021 to 2024 Commnity Learning and Development Plan highlights increases in poverty brought about by Covid–19. For instance one in three people are deemed to be living in or on the edge of poverty, whilst one in five of those in work have no savings to fall back on. This emerges in the rise from 3.1% to 6.2% of residents of Perth City that claimed a crisis loan. The impact of this on children and young people is that the number of children living in poverty rose from 4,869 to 5,515 (22.6% of the population). Therefore the project arrived at a time when access to safe and supportive services became fundamental to many young people in the area. This report describes how the project allowed services to continue through an onslaught of ever changing restrictions and barriers to service delivery.

### OVERVIEW OF YOUTH WORK PARTNERS

The Mittle Mittle Breathe Project

LOGOS YOUTH PROJECT Strathearn

#### BREATHE

The Breathe Project is about building a community with everyone involved; young and old. It strives to deliver both professional youth work and Christian youth ministry through its base at Aberfeldy Parish Church. Breathe serves the Highland and Strathtay areas.

#### YMCA TAYSIDE

The YMCA provides a variety of youth work services and support programmes to young people in Perth City. Participants are mainly from disadvantaged backgrounds, including those who require early intervention; those who are underachieving; those who have addiction issues; young offenders and those affected by homelessness.

£107,100p.a.

£321,300 total

LOGOS is a Christian based Youth Outreach organisation. It prides itself on providing a safe, welcoming and caring environment for all young people. From its base in Crieff it services the Strathearn and Strathallan areas.

LOGOS

£55,348p.a.

£166,044 total

£24,748p.a.

£74,244 total

KYTHE	SC stathmere centre fer youth development	alyth youth partnership selo
КҮТНЕ	SCYD (EPYA)	
KYTHE aims to serve young people by helping to meet their physical, emotional, social and spiritual needs through innovative and dynamic Christian based youth work. Kythe covers the Kinross-shire, Almond and Earn areas.	SCYD provides a safe, non-judgemental space with access to support and opportunities to join in activities to develop skills and increase confidence. It is part of the East Perthshire Youth Alliance with AYP and CAYAG.	Alyth Youth Project runs clubs for various age groups 5 nights a week. The Hub, located in Alyth Town Hall offers a welcoming space to relax and engage in a variety of activities. It is also part of the East Perthshire Youth Alliance [EPYA].
£43,108p.a. £129,324 total	£76,500p.a. (EPYA) £ 229.500	part of EPYA
d Ca	G CAYAG (EPYA)	As part of EPYA, the Coupar Angus Youth Activities Group organises various activities for young people in the local area.
K	Stirling	part of EPYA



# IMPACT

A BREAKDOWN OF THE ACHIEVEMENTS OF THE PROJECT OVERALL AND BY EACH PARTNER THE PROJECT

#### IMPACT OVER THREE YEARS

### £918K

Invested in 5 locality partners

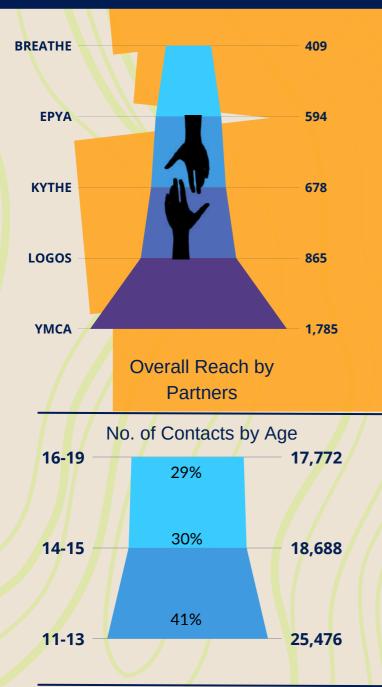
### 19%

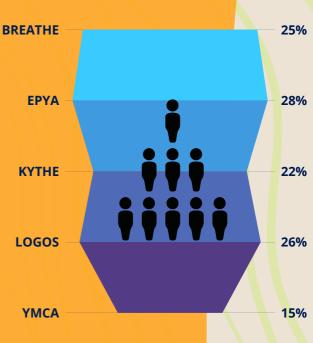
Engagement of School Population

#### Individuals Reached

### 4,331 61,936

**Total Contacts** 





#### Percentage of Local School Population Reached

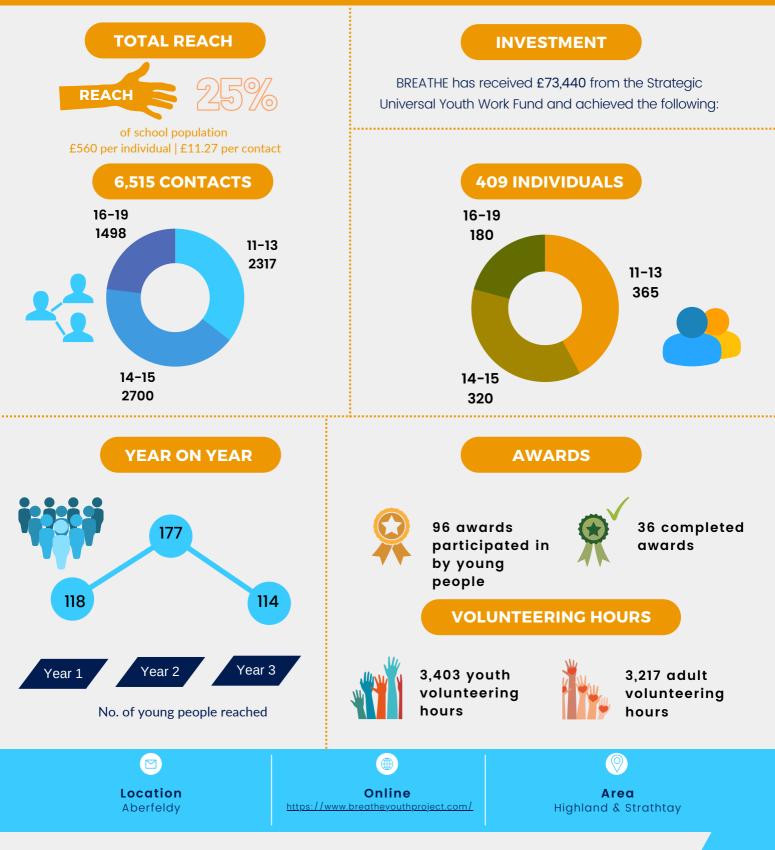
No. of Completed Awards

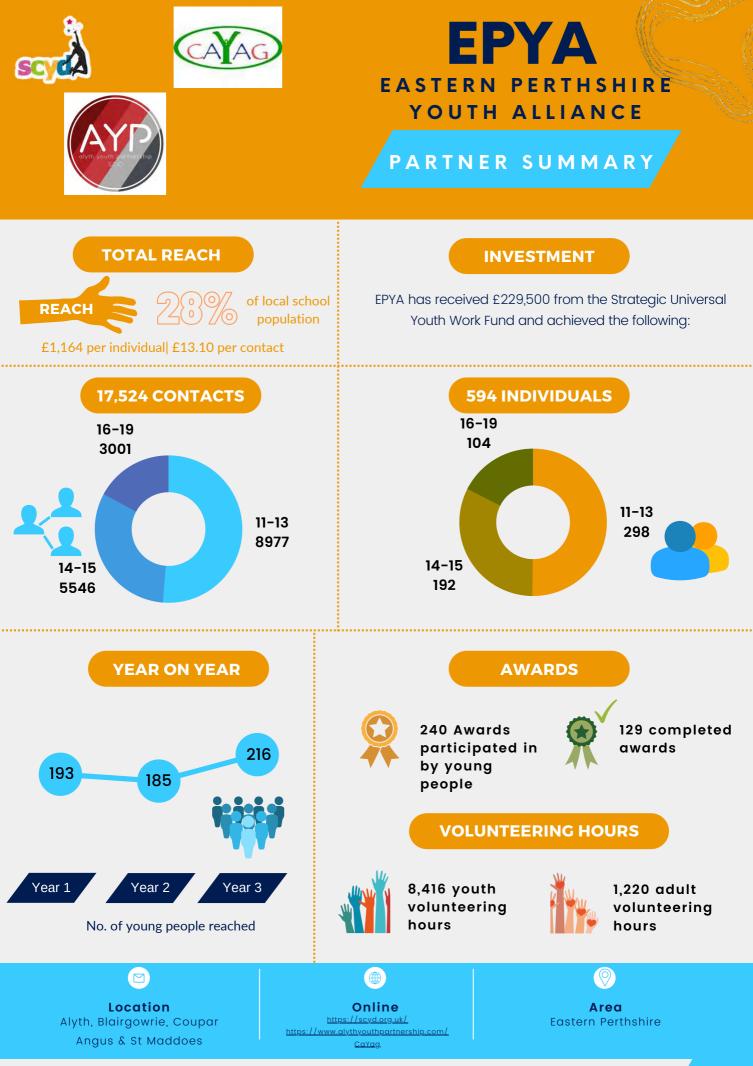
628

Total Awards

### The Mit Ministry Breathe Project

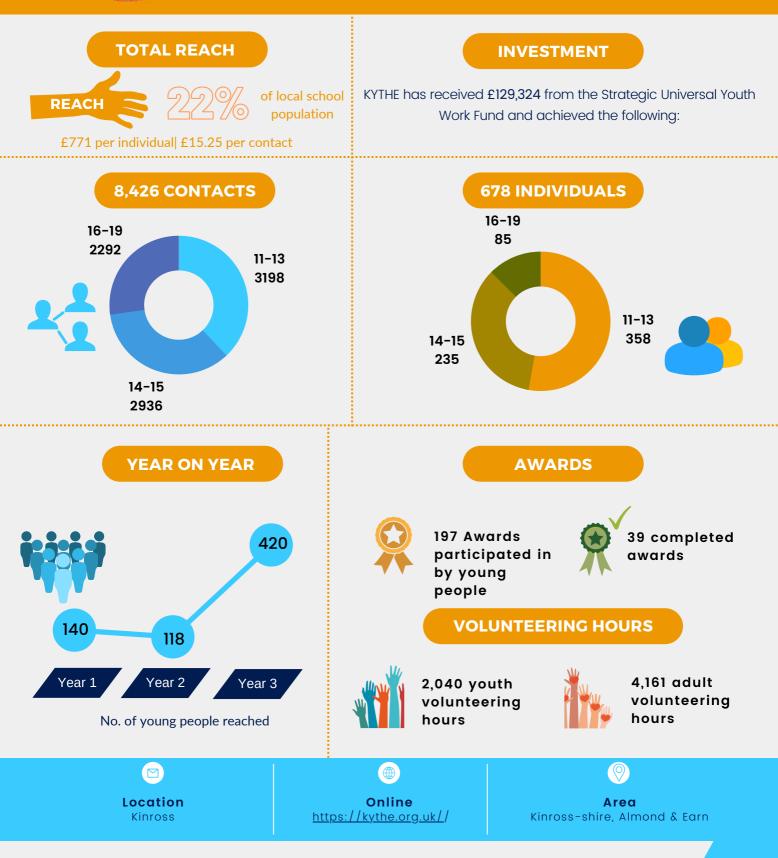
# BREATHE





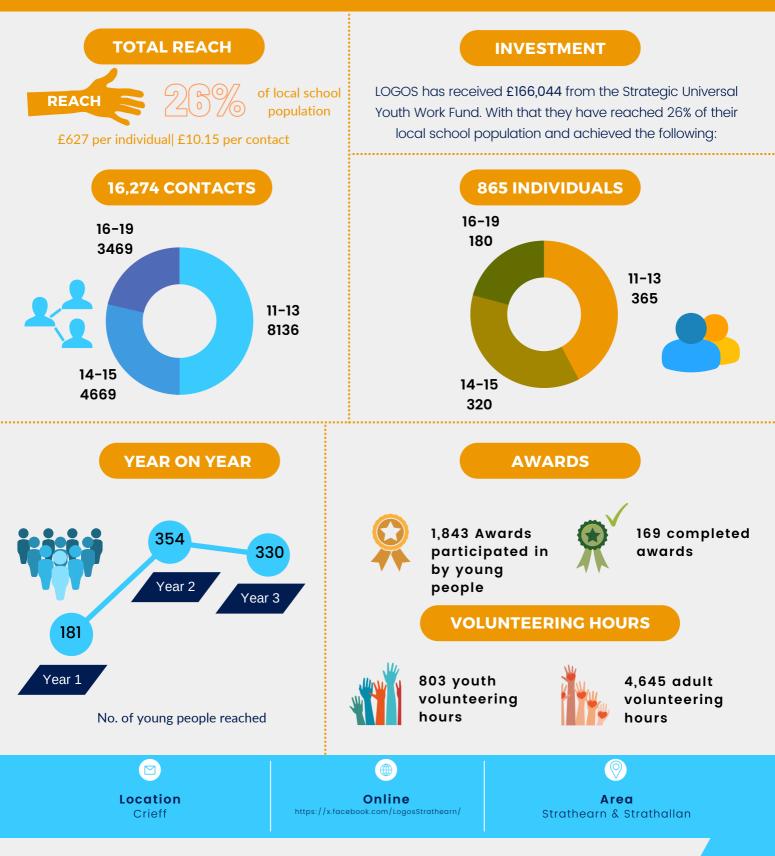


# **KYTHE**



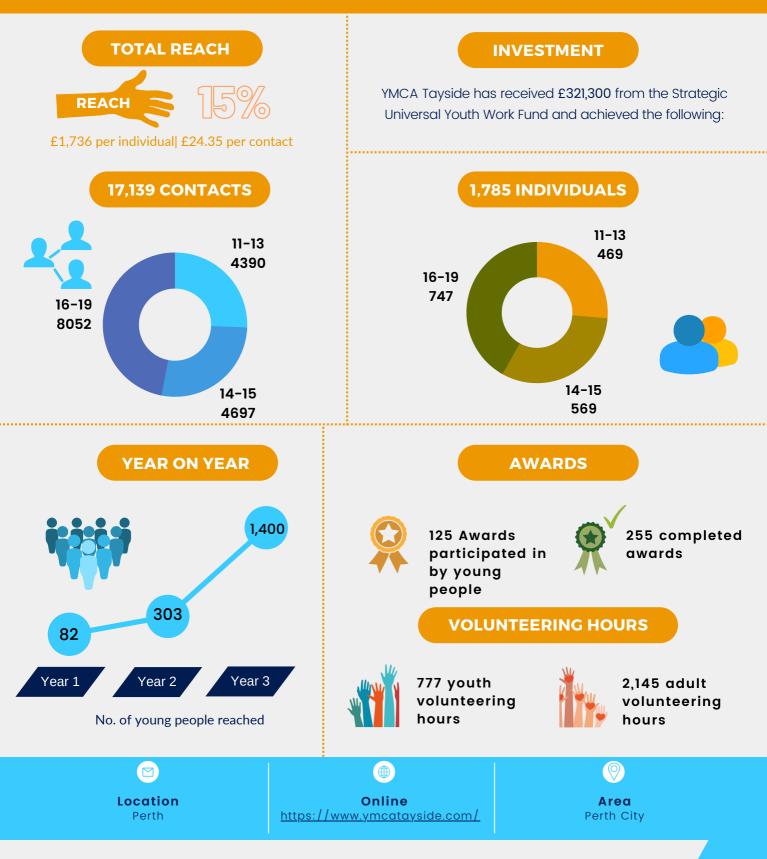


# LOGOS











# PARTNERSHIP OUTCOMES

A REPORT ON WAYS THE PARTNERSHIP OUTCOMES WERE ACHIEVED OVER THREE YEARS OF FUNDING

# **PARTNERSHIP O**

P1. Added value beyond that brought by the funding alone:

#### 1.1 A MORE COHESIVE APPROACH TO UNIVERSAL YOUTH WORK DELIVERY



**66** YMCA

This sensitivity and respect has developed and strengthened through the Universal Youth Work partnership and the knowledge that the partners are delivering youth provision in their local communities allows us to focus on what we do in Perth City."

All of the partners cited examples of ways that their work was now more cohesive, from supporting individual members to supporting each other.

LOGOS explained that although they knew each other before, they did not yet know how to work together and there was a sense of competition between partners that has now diminished:

"There's no sense of being in competition with each other or fear about a partner coming into your area to deliver services. We have been discussing having a high profile event in each area that would bring young people together. "

Breathe noted that they had done this on a smaller scale in the past through their historical connection with the YMCA. Whereas now those links extend across the whole authority.

Eastern Perthshire is slightly different in that it is a mini alliance within a larger strategic grouping. Within their own sub-group this has sometimes gone deeper than in the wider partnership. For instance, CAYAG took on a youth work student who was required to fulfill a certain number of hours as part of their studies. These hours were completed across the organisations.

The initial observation visits that were carried out as part of the evaluation also provided opportunities to learn from each other.

All of the partners confirmed that they borrowed ideas from each other throughout the pandemic. It also made it easier to share information on individuals that were moving between organisations and areas.

The connection allowed us to approach a member and share what we knew, which enabled us to fine tune what we needed to do and give her the help required to meet her needs." SCYD

### PARTNERSHIP OU

P1. Added value beyond that brought by the funding alone:

1.2 BETTER UNDERSTANDING OF THE CHALLENGES AND SERVICES AVAILABLE ACROSS THE AREA



Things that are currently happening like our What's App chat group and hosted visits to each other's organisation helps get to know each other on lots of different levels."

SCYD

A common theme that emerged in interviews with partners was that through working together they have enhanced their understanding of the challenges and services. In some cases this has meant going and working for each other as AYP explained:

"As part of the additional targeted Cash Back funded partnership programme I did 6 shifts in the YMCA's Friday night drop in and just being around different staff and young people was really worthwhile."

Openly sharing the challenges that each partner faced helped partners to understand that Universal Youth Work really meant widening access to young people that were not already engaged. However, the project meant that they could deal with this constructively, rather than be criticised or fearful of disapproval from funders. In turn all of the partners identified new areas that had no youth work service and recruited new members of staff through the funding. The YMCA explained that they previously took their services to the outlying parts of Perth and Kinross. However, they no longer need to do this to the same extent, as the Manager confirmed:

"In the past the YMCA has applied for funding to cover work in all of the partnership areas and now, through getting to know the partners and building personal and professional relationships we recognise the benefit of working with local partners as opposed to us working in those areas."

Consequently the funding is positively helping partners to grasp opportunities and fill gaps in services, in a coordinated manner.

Our understanding of other areas was expanded and developed through facilitated staff and young people's visits to partners projects. And this has been reciprocated with partners visiting us. " **BREATHE** 

### **PARTNERSHIP OU**

P1. Added value beyond that brought by the funding alone:

#### 1.3 BETTER USE AND SHARING OF LIMITED RESOURCES



KYTHE

A good example is the YMCA had a Princess Trust Group who were doing a fund raiser. We took a band to play. Over and above the benefit to the YMCA and KYTHE the young people from the two organisations mixed together, young people from Perth actually performed on the night."

Partners believe that the three years of funding has laid good foundations in making better use and sharing limited resources in the area.

They buck national trends where funders inadvertently force partners to compete against each other, as LOGOS portrayed:

"There's a high level of trust between the partners and we show that by not being frightened to share things we may be struggling with."

Taking the step to expand to other areas has built knoweldge and capacity, as AYP identified:

"We just started running youth work sessions in Kirkmichael and it's amazing that whilst young people have similar challenges to face there's just a different vibe about the place."

There are significant markers of success in sharing and making better use of limited resources.

For instance, the way that partners came together to bid for additional funds for work that supplemented their universal provision.

This demonstrated a gear-change in approach. In the initial tender process, partners were asked to bid for added funding to work with young people not in education or training which partners each did separately. Once the partnership began, they then bid jointly for national such CashBack for funds as the Communities fund and the Education Recovery Fund. This has secured an additional £118 thousand to date and attracted wider local connections such as Perth Autism Support and PKAVS Young Carers Project.

We've had a role in bringing in additional funding and training partnership staff. Although this was for targeted and not Universal Youth Work it wouldn't have happened if the partnership hadn't been formed." YMCA PARTNERSHIP OUTCO

P1. Added value beyond that brought by the funding alone:

**BREATHE** 

#### 1.4 BETTER ABLE TO RESPOND TO CHANGES

The move to the High Street premises wouldn't have happened without the UYW funding and it has had a significant impact on how we are perceived - more neutral and accessible to all young people. "

For all of the partners opening up new drop-in facilities and doing outreach has brought them into contact with swathes of young people that they had not met before. It has expanded their reach, their knoweldge of their area and their connections within it. This was most prevalent in Perth City, where previous funding had pushed YMCA deep into a mode of specialised and targeted work that was not considered as 'universal'. The fund has therefore transformed their whole strategy, as the Manager acknowledged:

"It has taken us back to our roots and made us reflect of who we are and what we deliver. To be honest I think we had lost that because our building, capacity and staff focus was more on delivering specific [targeted] projects and programmes and it made us realise we hadn't delivered universal youth work for years. Through discussion and facing up to challenges we've made such a difference in a relatively short period of time." Throughout the pandemic, the services have been gravely impacted over what can be delivered, where and with whom. At the same time the organisation have undergone significant changes in staff and structural re-organisation. Whilst this is a normal part of life for youth service providers, the partnership has provided somewhere to go for support and advice.

In addition to helping each other, partners have often sought advice from fund officers or had to respond to queries over fund management. Partners have shared that although at times difficult this has proved beneficial in keeping services going throughout challenging times. It has raised calls to create a 'facilitator' role going forward.

I think there is a case for a role that focuses on the governance of the partnership. This could be done by increasing the hours of someone from within the partnership." AYP

# **PARTNERSHIP OUT**

P2. Increased mutual trust for better future collaborative working



LOGOS

This funding was a lifeline. Our status is higher with other funders who value the security of a key funder like Gannochy and PKC. We now need external support to assist with the governance and future vision of the partnership. We need sustainable funding that lets us all build up and out from the core."

At the end of three years of strategic universal youth work, there is a strong sense among partners that they have learned so much from the project. They have exchanged ideas, visited each other and provided direct professional input where possible. Yet they have remained rooted in communities and continue their to strengthen the partnerships and connections which reach far beyond youth work.

Concrete examples of this are provided in the case studies which describe how the partners were able to run a summer programme in 2021, against the background of lockdown restrictions.

The additional funds which supplement the universal youth work has also raised the reputation of all of the partners and resulted in new local recognition. For instance YMCA received investment from the Education Authority through the Pupil Equity Fund to work in three secondary schools. Partnership meetings are now regularly attended by a representative from the Safer Communities Team. The partners provide street workers to address incidences of anti-social behaviour which occurred during the pandemic.

A visit by Tim Frew the Chief Executive of YouthLink Scotland led to the partnership being highlighted as an example of good practice at a national policy convention on 'A Right to Youth Work'. A film clip of the project was shown to 200 participants.

These examples convey that the work achieved over these three years is proving to be of national significance.

The fund has enhanced our status and the benefits and impact of youth work. For example schools take us more seriously, the council see the benefit we bring to the communities we work in and a major funders now recognise who we are and what we do." KYTHE



Reflecting on three years of the Strategic Youth Work Partnership, there are major benefits, challenges and opportunities which can be identified. These are as follows:

Benefits	Challenges	Opportunities	
A focus on universal youth work	Uncertainty over future of the fund	Looking to secure funding beyond year 5.	
Organisations working together instead of in competition with one another	Ensuring that inputs, outputs and outcomes are more equitable.	Possible performance based enhancements to funding.	
Raised profile and recognition of youth work locally Sustainable investme		Strategic bidding and securing of additional funds for focused or targeted work	
Strong community foundations, with a vastly expanded geographical reach, that understands the needs of local young poeple.	Keeping control of quality and reputation, not getting watered down or doing more for less.	To strengthen the bonds and strategic approach across Perth & Kinross in response to local needs, including appointing a partnership coordinator.	

The Gannochy Trust and Perth and Kinross Council have already agreed to extend the funding for two more years. The questions for both funders and partners alike is to clarify the main purpose of the additional time; how much the focus will reflect on the lessons learned and what legacy will remain. For instance will partners and funders work together for a sustained investment in youth work or a return to the former fragmented and less strategic approach.

Future potential exists on three distinct levels.

#### Micro

At a micro level the partners are more accessible to more young people in their local area. Partners now operate from more than one location, often extending this wider offer to their summer programme. Partners can now consolidate this and look to securing the governance, financial and workforce that are needed in each locality to make these services sustainable and reliable.

#### Mezzo

At a mezzo level the partners have firm strengths when taping into local human, natural and digital assets of their community as documented in year two. They can use the current additional two year extension to test out other flexible modes of working such as borrowing workers, sharing training and joint funding. There is also a need to ensure that funding is fair and equitable, by for example reserving a proportion of funding which relates to performance, so that all partners achieve similar levels of output and reach.

#### Macro

At a macro level there is scope to scale up the strategic working between partners and with wider stakeholders. This includes connections to local decision-making, resources and wider assets within Perth and Kinross and nationally. This would be with a view to strengthening the partnerships place-based and area-wide youth work offering, including joint programmes, research, marketing and events. It also includes promoting the work of the strategic universal youth work partnership to other funders and other local areas across Scotland.

#### Conclusion

In conclusion there is clear evidence that the strategic youth work partnership in Perth and Kinross has met its original outcomes. It has **given more young people access to community based youth work**, particularly in rural areas that are often cut-off from mainstream services. Their skills and levels of accreditation are improving although outputs vary across localities. The **organisations are bigger**, **stronger**, **better informed and more secure in their roles and responsibilities.** More work is required to make universal youth work a sustainably resourced model of partnership in Perth and Kinross. With new funding streams and more responsive universal and targeted forms of youth work in full swing, it is without doubt that **the project has added value beyond the outcomes of this fund** alone. A bright and prosperous future for local youth work is possible by building on this model, that may also have a positive influence nationwide.



# CASE STUDIES

EXAMPLES OF WORK BASED ON THE SUMMER PROGRAMME OF 2021

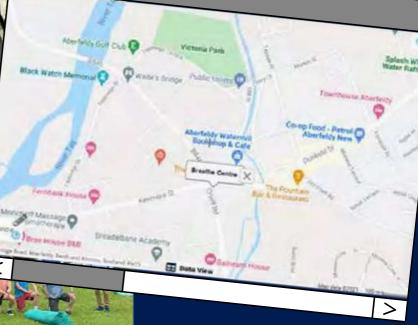
## THE BREATHE PROJECT

The Mittle Mitt Breathe Project

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### **The Breathe Project**

Over the last 12 years, Breathe has become an instrumental part of life in Highland Perthshire and a lifeline for local young people. We have developed a wide range of opportunities and activities for young people; empowering them by giving them a voice, giving them 'somewhere to go', 'something to do', 'someone to talk to' and has become a second home and family for many of the young people involved.

It is worth noting that the project underwent a major change with the Manager and Youth Worker both leaving and a longstanding strategic manager stepped down.

#### What We Did

This summer BREATHE organised 4 days filled with different trips. These trips gave young people the chance to experience different opportunities during the summer holidays that they wouldn't normally have.

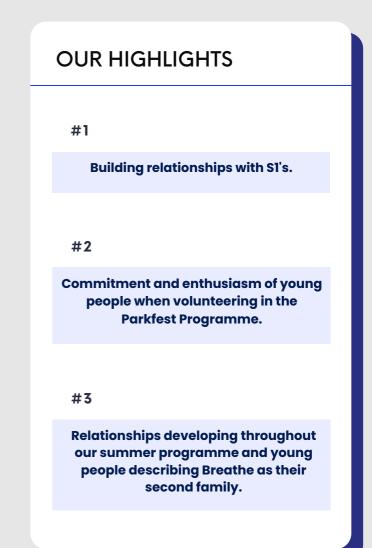
We also ran afternoon and evening drop-in sessions at our community based youth centre. This gave young people an opportunity to hang out with their friends in a safe environment and encouraged deeper chats with the team.

Young people also had an opportunity to volunteer at Parkfest a week long children's programme in Victoria park. The young people were committed in serving their community and engaging in different activities.

#### Locations

The programme used a mixture of working from the Breathe base at Aberfeldy Parish Church and their drop-in centre on the main street. Breathe also made use of the local park for Parkfest.

Trips saw members go on outings to activities that cannot be easily accessed from Highland Perthshire such as the trampoline centre and Innoflate in Dundee.



# Teacher

1.4 A service that is better able to respond to

changes in need.

"It was a great opportunity for us to meet the pupils which had been limited in the term below. I believe that it was of huge benefit to the pupils and the parents I spoke to were pleased that it was taking place and grateful for the opportunity."

### Parent



1.2 Better understanding of the challenges and of the services available across the area. They have come back buzzing from the drop-in, as other kids their ages go. There is pool tables, and free juice, gym, gaming and basketball as well as a chill space ... it gets kids off the streets."

#### **Breadalbane Academy Transition Day**

Our summer programme was staffed by our full-time youth workers who ensured quality provision throughout theprogramme. Staff members shared responsibility for ensuring quality youth work and safe risk assessed opportunities.

Our transition day provision in collaboration with Breadalbane Academy has given us the opportunity to build relationships with the school but most importantly a group of SI's who have been struggling with the move to high school. This is a cohort of pupils we have previously struggled to engage due to covid restrictions limiting our Rock Steady events. By playing a part in their initial transition we have built strong trustful relationships with them, and they have now become regular attendees at our dedicated SI space. We recently built on this work by taken them to Ryze in Dundee as an extension to the summer programme, and since then numbers have been increasing each week.

We are looking forward to building on this with STEM sessions including robotics and drone sessions, as well as reinstating our S1 committee.



#### YOUNG PERSON'S FEEDBACK

When I first started coming to Breathe I was really anxious. Now I attend the drop-ins, trips, volunteering opportunities and I've really built up my confidence"

STAFF FEEDBACK

"Our summer programme was staffed by our full-time youth workers who ensured quality provision throughout the programme. Staff members shared responsibility for ensuring quality youth work and safe risk assessed opportunities."













AYP is part of Eastern Perthshire Youth Alliance (EPYA)

### **Alyth Youth Project**

#### Context

As part of the EPYA, AYP covers the town and surrounding areas of Alyth, with a population of around 3,000 inhabitants. All of our work took place outdoors because we had no access to our indoor venues. We used the minibus for lots of trips, and for activities in the town we had no access to toilets. This made planning very difficult, but the community supported us very well.

#### **Facts & Figures**

We worked with 67 different young people, many of whom attended at least 2 sessions each week. 5 young people volunteered to support theyounger groups throughout the programme, and this has led to us starting a Dynamic Youth Award group focused on leadership

#### Locations

The bulk of our work is based in Alyth but we also engage with around 30 young people in Kirkmichael every week. This is an area that AYP did not reach out to previously. Although only a small number of young people from Kirkmichael engaged with the summer programme, these were mainly lowincome families who did not have any alternatives, due to a combination of their rural setting, the pandemic and their circumstances.

#### Feedback from Young People

Much like the feedback from parents, the young people were very positive about what was provided. They said that they were disappointed to not go to some of the attractions we normally would visit, but accepted that restrictions on numbers prevented that. We received lots of positive text messages. We used zoom sessions on Fridays to make sure that young people and parents were clear about the arrangements for the following week.

#### **OUR HIGHLIGHTS**

#1

The series of kayaking trips that the young people loved - and we were lucky with the weather.

#### #2

The engagement in the survival skills that saw young people from Alyth visiting areas just outside the town that they had never seen and learning that the hill is accessible to all of them.

#### #3

The connections we made with so many young people and the way we made trips feel 'normal' again. AYP Summer Programme

### EXAMPLE OF PROGRAMME

Day 1	Day 2	Day 3	Day 4	Day 5
Pop up Clubs - Alyth Square 3.15 - 5pm	Drop In - Town Hall Garden 8-7.30pm	Kirkmichael Group 6-7.30pm	SCHOOL FINISH 16+ Kayaking group	10am Zoom Check in End of Term BBQ Town Hall Garden 6-7.30pm
Day 6	Day 7	Day 8	Day 9	Day 10
Landmark Trips Day 1, Leaving Town Hall at 8am	Landmark Trips Day 2, Leaving Town Hall at 8am	Survival Skills with Malcolm Leaving at 11am-2pm	16+ Kayaking Group	10am Zoom Check in
Day 11	Day 12	Day 13	Day 14	Day 15
Landmark Trips Day 3, Leaving Town Hall at 8am	Edinburgh Dungeons Trip, Leaving at 9am	Survival Skills with Malcolm Leaving at 11am-2pm	Kayaking on Clune Loch, P7+	10am Zoom Check in
Day 16	Day 17	Day 18	Day 19	Day 20
Learn to crochet Drop in Town Hall Gardens 1-4pm	DofE Group Sponsored Walk	Survival Skills with Malcolm Leaving at 11am-2pm	16+ Kayaking Group	10am Zoom Check in
Day 21	Day 22	Day 23	Day 24	Day 25
AYP Olympics P7+ 1-4pm Alyth	Tentsmuir Beach S2+ Leaving Town Hall 10am	Survival Skills with Malcolm Leaving at 11am-2pm	16+ Kayaking Group	10am Zoom Check in
Day 26	Day 27	Day 28	Day 29	Day 30
AYP Olympics P7+ 1-4pm	Tentsmuir Beach P7+ Leaving	Survival Skills with Malcolm	Kayaking on Clune Loch, P7+	

# Survival Skills Worker

"

I found the whole experience very positive and rewarding. You helped me reach young people who I would never have been able to work with."

1.2 Better understaning of services available.



# Project Manager



1.3 Better able to respond to changes in need. As a team, we had to be creative and flexible as we had no indoor venue, and many of the places that we normally go to (Landmark for example) would not take groups of our size. We were at the mercy of the Scottish summer weather and moved plans around to make the most of it and maximise the opportunities for our young people."



#### Feedback from Staff & Volunteers

Our ethos is that we provide fun activities to allow young people and youth workers to build positive relationships, so that we can be a source of support to them when required. Training comes through Youth Scotland, various partners, and through peer support and team events. All this was put in to practice from the planning and risk assessment to delivery of games and activities. We engaged with young people who we hadn't seen for a while, we encouraged them all to work with us in a Covid safe way, and made the most of the skills we have as staff, from organising sports and games to crocheting blankets for a wider project.

Staff said:

"I thought we organised it really well so that nobody missed out on anything."

"We made the most of the Den and the Hill"

"It was brilliant seeing so many different young people"

"We had to change things at times so it was good to have the Whatsapp group to keep the parents informed."

#### Feedback from Parents

The Manager explained that parents feedback was overwhelmingly positive with most sending messages saying that they appreciated it more this year because they were unable to get away on holiday.



### STRATHMORE CENTRE FOR YOUTH DEVELOPMENT





SCYD is part of Eastern Perthshire Youth Alliance (EPYA)





### **Strathmore Centre for Youth Development**

#### Context

SCYD serves the Blairgowrie and Rattray areas as part of the Eastern Perth Youth Alliance (EPYA). Our vision is..."To be a safe and supportive community where young people are valued and develop skills for life" Our core purpose is to provide social and educational opportunities to support young people to achieve their potential. We provide a safe place where young people can build positive relationships, develop skills and achieve accredited volunteering awards.

#### **Facts & Figures**

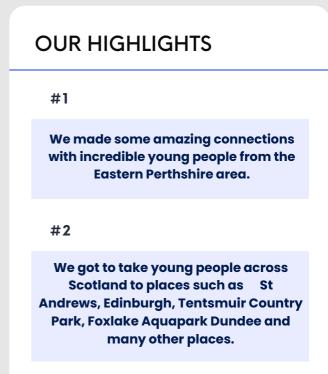
- 28 days of activities
- 245 Youth engagements
- 107 Free trip places given
- 250 meals given out
- 167 hour volunteers

#### What We Did

Summer 2021 was one of our best summer programmes yet. We made sure that every activity session we did that food was provided free for all young people. This was with then intention of reducing food insecurity for families in our community. Our weeks were full of outdoor activities, indoor youth drop-ins within our building and we ended each week with a free trip for young people taking them across our amazing country. We have Instagram chat groups and Facebook messenger for all of our young people which is used on a daily basis to inform, chat and provide support.

#### Locations

We spent a great amount of time with the young people out in our wonderful town of Blairgowrie & Rattray. We renamed the start of our week to "Move-it Monday" during the Summer as we set out engage everyone in physical activities. The young people took part in walk & talk sessions, multi-sports at the park, geocaching and just general chill & chat sessions in outdoor spaces.



#### #3

We got to visibly see the positive difference in young peoples' mental health through the activities that we delivered throughout the summer period.



#### 2021 Activities

Through consultations with the YP that come to the drop-in sessions, SCYD ran an activity programme for the summer consisting of various trips, activities and outdoor sports that were free of charge for young people to engage with. All the activities provided for young people included food/meals to reduce food insecurity. These activities included: - An Aquapark trip; Multi-sports session sat local parks; Beach trips to Tentsmuir; Kayaking trip to Willowgate; St Andrews aquarium and beach; Trip to Ryze trampoline park; Edinburgh sightseeing bus trips; Cinema trips; Regular drop-ins across the summer and walk & talk sessions.

#### Meet the Team

Chrissy has been a young person with SCYD for around 10 years. In Summer '21 he got a work placement with SCYD through Bernardo's and has done volunteer work in years past. This Summer Chrissy got involved with creating a a positive environment for young people to come into. He is keen to please everyone and is very sporty and helped lead some sports sessions.

Eileen volunteered with us over the summer holidays. She has a fantastic drive to help young people reach their potential. Eileen's commitment led her to be involved with almost every activity we did over the summer period. Eileen brings a wealth of knowledge to her role has a youth worker and is always keen to learn more and help support young in developing life skills.

Ashleigh is great at building relationships with young people. She ran creative activities within our drop-in sessions over the summer.

Kimby led all the activities over summer and through consultation with the young people and our team helped put together the activity programme. With her amazing passion to see young people develop and great organisation we had a wide range of activities for young people to get involved in.

Roy manages the SCYD Youth team and oversees the youth work. With years of experience and his positivity and enthusiasm for working with young people, Roy helped organise fun activities and loved getting involved with the hope to help young people grow and develop skills.



#### STAFF FEEDBACK

"The SCYD team had a fab time during our summer programme. It was great to have so many young people out enjoying activities, exploring the outdoors,creating new memories and experiencing new things.

"The summer was packed full of fun and learning for both workers and young people. There were some challenges in organising the programme due to restrictions and guidance but the young people were absolutely fantastic at thinking outside of the box and coming up with ideas that would work well."

### Parent



YP1. More young people have access to community based youth work that provides them with a safe place to go, something to do, and somebody to talk to. Hello, just wanted to say a huge thank you to you all at SCYD for a great summer for 'C'. Last year really affected him socially and SCYD has been fantastic for him for confidence and friendships. Your work is greatly appreciated."

## Young Person



YP2. Development of soft and hard skills that improve their life chances. I loved going on the sightseeing bus in Edinburgh and watching the street performers. I was happy because I didn't have to worry about missing out because of money."

### KINROSS-SHIRE YOUTH ENTERPRISE

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### **Kinross-shire Youth Enterprise**

### Context

Our mission is to ensure every young person in Kinross-shire is given the opportunities they need to reach their potential

We take a personalised approach to youth work and every young person coming through our door is valued as an individual.

### Facts & Figures

- 977 Youth Work engagements
- 27 Active volunteers
- 683 hours volunteered
- 18 completed Youth Scotland Awards
- 108 new young people reached in new locations

### What We Did

At the beginning of 2021, we began Walk and Talks around Kinross-shire, with the young people on a 1-2-1 basis. Due to a recent bereavement in the community, young people needed to talk to someone face-to-face. When summer came along, the restrictions eased enough to allow us into our building again and with restricted numbers.

We were able to call upon the local expertise of Dave Munro, a Scottish Volleyball coach, who delivered 2 weeks of Volleyball sessions for the young people of KYTHE. The feedback we had was so great we booked him again for October!

Team members also ran a 'Fixat Bike' workshop, for young people to maintain and use their bikes.

### Locations

As well as working from the base in the town of Kinross, the team went 'on tour' and took a bus to the outlying villages of Abernethy, Bridge of Earn and Powmill. This initiated engagement with a wider audience than ever before.

### OUR HIGHLIGHTS

#1

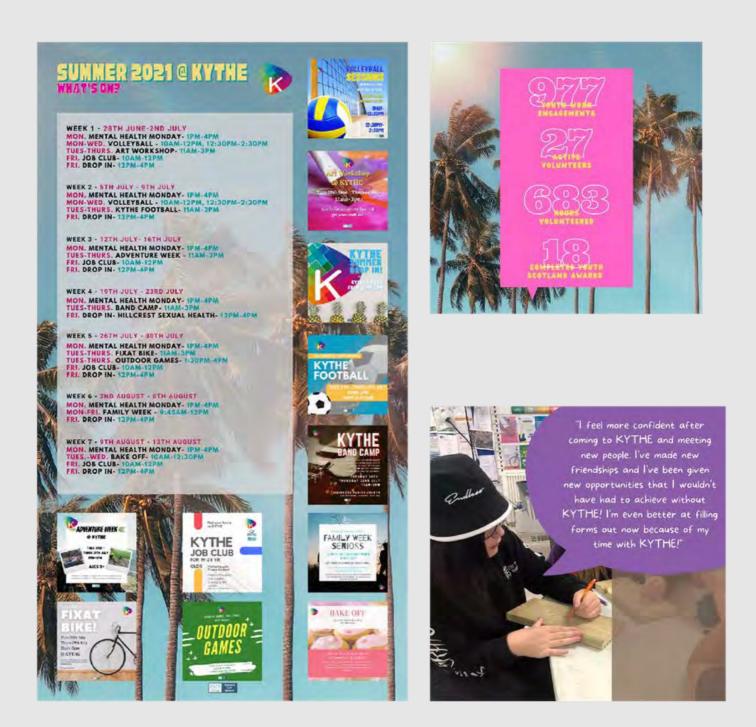
We got to meet 108 new young people from 'the rurals' we wouldn't have got the pleasure to work with, had we not gone on tour this summer.

#2

This year at band camp we had the biggest group we'd ever had sign up. We split that young people in 2 groups and these became two bands. It was outstanding to see their progress!

#### #3

Fixat Bike workshops provided young people with the necessary skills in maintaining and fixing easy fixes on their bikes. Interestingly, the majority of attendees were girls too!



### What We Did

The benefits of the programme was that KYTHE consciously utilised strengths from within the organisation, such as the bike maintnenance skills held by two of the workers. The volleyball sessions brought in a local specialist. Abbie's story is an example of how volunteers are also encouraged to share their skills and talents with the young people that take part, with the summer programme offering an ideal outlet to try this out. KYTHE also used their connections with the other Universal Youth Work partners to build its summer programme, running walk and talk sessions, sports sessions and drop-in sessions. One idea it passed on to other partners was KYTHE on tour. This took KYTHE out into new locations where young people often struggle to access public transport and are therefore cut-off from opportunities available in more populated towns. As a result they reached many young people that would not have the means to access the hub in Kinross.

### Spotlight on Abbie

Abbie is one of our young volunteers. She began her journey with KYTHE when she agreed to run a group as part of her Equip training with Scripture Union Scotland. The more Abbie engaged in KYTHE activities the more she knew she had to get more and more! Abbie has contributed the most volunteer hours, certainly as a young volunteer, but her hours far succeed some of the long-serving adult volunteers who have given time to KYTHE. Abbie competently organised our weekly Chill n Chat group and has undertaken ownership of the Outdoor Games that have been so popular throughout the last 2 years at KYTHE. She has undertaken a Platinum Youth Achievement Award, with Youth Scotland to evidence this work. Abbie has realised, through her young volunteering with KYTHE that Youth Work is the career for her! We're so excited to see what her next chapter will bring, but we're so grateful for her hard work and dedication to making sure KYTHE is, and always will be a place of safety and fun for all the young people who enter our hub.



### STAFF FEEDBACK

"Mobile KYTHE on tour on the whole was a tremendous success particularly in Abernethy , Bridge of Earn and Powmill. Continuous improvement is key to continue an excellent service delivery"

"The connections we made with the young people, seeing people thriving in our work, the engagement we got with the more specialist events like Band Camp, Art Workshop, Bike Workshop. Even the difficult bits of the summer were good to learn from, as frustrating as some of them might have been."

### PARENT FEEDBACK

"I am super grateful to the team at KYTHE for making my little boy, A feel so welcome. I instantly knew when I walked in this would be a safe haven for our son. I am so excited for him to explore all of the activities you guys have available for him. The art club was a big success.The staff are all very knowledgeable, professional and friendly. Please keep doing what you do guys. This will for sure be a lifeline for some families."

# Youth Worker



YP1. More young people have access to community based youth work that provides them with a safe place to go, something to do, and somebody to talk to. "I think there was a real need for youth work this summer and different from past summers. I believe it was time that the young people had a bit of fun and some joy in their lives, unfettered!"

# Young Volunteer Leader

YP3. & YP4. Increased opportunities for developing and testing leadership and decision making skills & Improved access to accreditation of non-formal learning.. I've organised Outdoor Games and I've undertaken a Platinum Youth Achievement Award, with Youth Scotland to evidence this work. Through this I've realised that youth work is a career I want to do!"

# LOGOS YOUTH PROJECT















EST 1989



### LOGOS

LogosYouth Project delivers youth work in the Strathearn and Strathallan areas from Youth Hubs in Crieff and Auchterarder.

This year's Summer programme included a variety of outdoor and indoor sessions. The young people all really enjoyed the Walk & Talk format which was therefore continued.

Aware of how much young people were missing regular contact, Logos offered dropin sessions to provide a safe space to meet their friends, build relationships with staff and young volunteers and enjoy themselves. A weekly Quiz on Zoom was also continued from the previous year.

### What We Did

We ran a full programme of summer activities in Crieff and Auchterarder for young people aged 11-18 living in the Strathearn and Strathallan areas. This included specific transition programmes for those going into S1, with these culminating in a S1 week in both areas.

Activities included Walk and Talks, S1 Fun afternoons on a Wednesday in Crieff and Auchterarder, Auchterarder Adventure Games afternoon, Comrie Games afternoon and Logos Crieff Highland Games, day time and evening drop-ins, Zoom Quiz night. Snacks were available, including fruit as requested by the young people, during each and water or hot drinks, plus toast. At the three Games events we provided a sausage sizzle or burgers. During the S1 Fun week we provided lunch on one of the days as well as snacks etc and if any young person did not have a packed lunch we made sure they had lunch.

### Locations

This year we ran full summer programmes from both our Crieff and Auchterarder hubs which meant that we were able to reach many more young people in the local area. For the first time we also held an outdooractivity event in Comrie, which we hope to repeat, involving partners next year.

### **OUR HIGHLIGHTS**

#1

The number of young people who participated in the SI Summer weeks in both areas and the level of engagement.

#2

The enthusiasm of the young people to take part and be involved in everything we were offering. The drop-in sessions were really popular as it gave the young people somewhere safe to be with their friends after all of the upheaval that Covid-19 has brought.

#### #3

All of the activity days in Comrie, Crieff, Auchterarder and the trips to Willowgate.

### LOGOS Facts and Figures

- 79 individual young people in Crieff and 29 young people in Auchterarder (108 in total).
- Plus the young people who took part in Duke of Edinburgh expeditions and those who were involved in the Free Friday Football sessions.
- We completed 12 Hi5 Awards in Crieff and 16 Hi5 Awards in Auchterarder.

Our young volunteers took an active role in the S1 week, with one young person taking responsibility for taking photographs and others supporting the activities sessions within the club. They are all working towards Saltire Awards.

### LOGOS Highland Games

Due to the Universal Youth Work funding we were able to offer activity events in Auchterarder, Comrie and Crieff. Comrie and Crieff are both new locations to LOGOS. We ran the event in Comrie using activities including archery kits, that had been purchased. In Auchterarder we teamed up with Do It Outdoors and took a group to his activity area just outside of town. The highlight of the events was the Logos Highland Games. We held this in partnership with Crieff Highland Gathering Committee and Do It Outdoors and gave the young people, despite a torrential rain, the opportunity to take part in a variety of Highland Games themed activities, including tossing the caber, archery etc. This is a new partnership between the three organisations and it was hugely successful, with the hope that we will hope a bigger and better event next year. The Highland Games Committee also generously donated some funding for this to happen.

### HIGHLAND GAMES



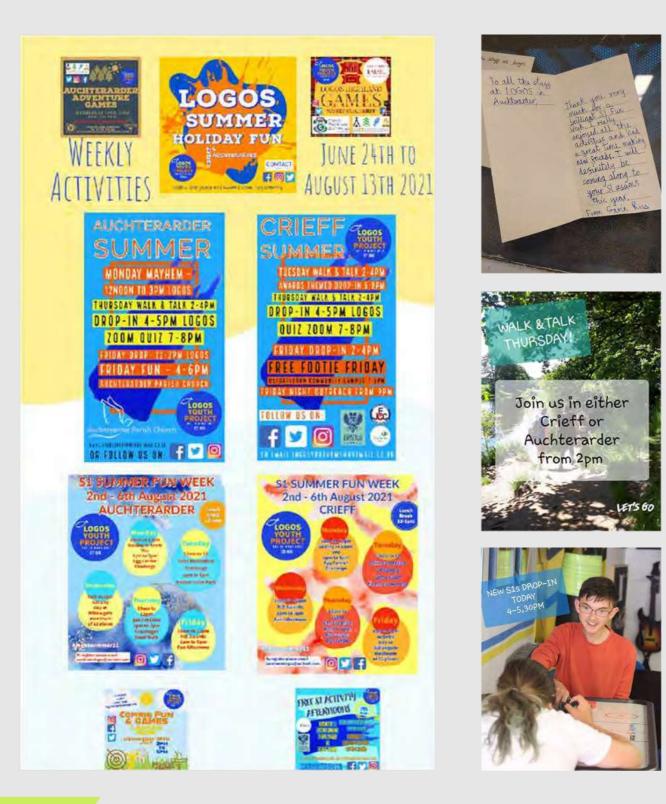


# Youth Worker

1.3 Better use and sharing of the limited resources. Our Youth Worker Mike had previously worked in event planning and his skills were essential to the delivery of our key summer events for example The Logos Highland Games Day, Do It Outdoors Activity Day and the trips to Willowgate to name but a few."

### Parent



YP4. Improved access to accreditation of nonformal learning. I was very impressed with the summer activities held at Logos. It was great to see my kids getting out and about in the fresh air over the holidays and off the Xbox. My kids loved all the competitions held the most, and my son was very proud of himself (as am I) after receiving his Hi5 award. This will definitely encourage him to take part in future events." 

### STAFF FEEDBACK

As in previous years we were supported by the Link workers from Crieff High School. They approached us to see if they could be involved as they see the Summer activities as a good way to engage with young people in a more informal way. They came on walk and talks, supported the S1 activity sessions and got involved with the Logos Highland Games.







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### **YMCA** Tayside

### Context

YMCA takes a lead on work in Perth City. It offers a variety of weekly drop in sessions on Monday, Wednesday and Friday, all of which include various activities for young people to enjoy such as our Creative Space sessions and a Job Club.

### **Facts & Figures**

- 55 young people from Bertha Park High School
- 25 young people that took part in outdoor activities and extra holiday drop-ins
- 60 young people engaged with regular drop-ins

### What We Did

YMCA offered transition work to all local High Schools and PKAVS Young Carers, and delivered these to Bertha Park High School and to PKAVS. Supporting young carers also supports the wider families, as the young people hopefully feel more confident and relaxed in their school life, helping them be less stressed about that while caring.

Premises were opened on Thursdays for some drop-in sessions that were appreciated by young people as another opportunity to see their friends in a space they're comfortable in.

Outdoor activity sessions were delivered for various groups including the Aberuthven Youth Group. These provided good opportunities for the young people to experience activities they may not have done before.

### Locations

As well as working from their base in Perth City centre, the team worked in Berth Park School and with Perth and Kinross young carers to offer transition days. There was also regular outdoor activities and a residential provided so that young people could work towards their Duke of Edinburgh Award.

### OUR HIGHLIGHTS

#### #1

The Bertha Park transition event took lots of planning and organisation with the school.It went really well and seeing the young people really quickly start forming friendships was fantastic.

#### #2

Seeing the Drop Ins continue to be successful over the holidays is a real testament to the positive impact they have on the young people and the comfort they now feel in the space.

#### #3

Having the staff and funding to support other groups with outdoor sessions was great as it maintains those interorganisational relationships whilst also giving young people exciting opportunities.

### Bertha Park Transition Day

The transition day at Bertha Park would not have happened without the summer 'Scottish Government' funding and was a really great day.

The school were excited to be able to offer this session to young people, and parents and young people were excited too. With around 50 young people turning up for a day of games, ice-breaking, chances to ask questions, and a tour of the school it was clearly beneficial at what can be a stressful time in the life of a young person.

It also allowed some staff to really come into their own. One of our Kickstart staff members was instrumental in planning the day and then co-leading the activities from the front.

The scale of the event required support from the school, and multiple staff were available all day to engage with the young people and answer questions. This kind of partnership working is effective.

Another example of spin off work that YMCA Tayside got from working with schools through the Universal Youth Work Project is the Fast Fashion Trashion Show with Perth High School. A group of 20 young people created a fashion show, using recycled materials. YMCA worked with the school's Nurture Coordinator and Community Link Worker on this project.

Overall, from the perspective of YMCA Tayside the universal youth work model is unique in Scotland and encourages a proactive partnership with the Breathe Project in Highland Perthshire, Logos in Strathearn, Eastern Perthshire Youth Alliance, and KYTHE in Kinross.

### PARENT FEEDBACK

"It's really helped my son feel a bit less daunted about the move. Very much appreciated."

### SCHOOL FEEDBACK

"I believe that it was of huge benefit to the pupils and the parents I spoke to were pleased that it was taking place and grateful for the opportunity. Given that we put the pupils into classes it also allowed some connections to be formed. A great opportunity for staff to meet them."

### FEEDBACK FROM THE FUNDERS





### Introduction

Throughout this phase the funders have taken a proactive approach and given significant inputs in time and ongoing support and advice to the partners through regular meetings and providing venues, resources and advice and information along the way.

Having been so instrumental to making the project a success it was relevant to ask the main funding representatives to give their feedback on the main benefits of the project and how the see the future evolving.

These answers are compiled by Steven Greig, Development Manager, Gannochy Trust and Brian Hutton, Youth Services Manager, Perth and Kinross Council, Youth Services Manager.

### MAIN BENEFITS

"The Gannochy Trust and Perth and Kinross Council developed this new approach to their funding because we recognised that we were both supporting year on year funding applications from the same youth work providers across Perth and Kinross. This model of funding encouraged competition rather than collaboration and delivered short term support with multiple funding applications and reporting administration. We wanted to encourage a more collaborative model of support that went beyond funding, supported core costs as well as project delivery which recognised that the field experts were best placed to meet local needs, and to prioritise their own core and project requirements. We also recognised the national decline in universal youth work and the need to sustain the universal approach as a foundation block of quality youth work."

#### PROGRESS AND ADDED VALUE

"Although we intended improved collaboration between delivery partners, the first three years has exceed our greatest aspirations. Partners have fully embraced the collaborative approach, with partners working together to deliver an authority wide Youth Voice forum, collaborating to gain additional funding, Perth and Kinross wide youth work events, and the ability to make training events more viable for youth work staff with a larger pool of delegates."

### UNDERSTANDING THE CHALLENGES AND SERVICES ACROSS THE AREA

"Experience tells us that the more local the knowledge and understanding of needs are, the better it is. Funding for the delivery partners was left relatively unrestricted with a requirement to deliver universal youth work, offer accreditation opportunities, and provide a youth voice. How this was achieved is left to the localities so that they could use their local knowledge, skills, and resources. This has worked exceptionally well with each locality having increased their reach to young people in the geographic location of delivery, range of activity offered and staff and volunteers to deliver it. Quarterly reporting of qualitative and quantitative information has helped build a very clear picture of the services available across Perth and Kinross.

Active involvement of the Safer Communities Team at bi-monthly update meetings has helped inform, and respond to need identified by other service providers in Perth and Kinross."

#### **USE AND SHARING OF LIMITED RESOURCES**

"One of the major resource challenges of the youth work sector is people and skills and the ability to respond to the highs and lows of need for staff and volunteers. Across the partnership, the ability to share skills and expertise in youth work themes has been invaluable in growing each of the partners' breadth of offer. Skills in Outreach and Street Work have been shared between localities, along with experience in supporting Youth Bands, and Accredited Youth Work Awards. The ability to "borrow" staff from localities has become the norm in a form of a Youth Work Barter Economy where skills, experience, resources, and ideas are informally bartered without credit accounts.

The impact of this is that each of the five localities are able to pinch ideas to develop for themselves, expand the breadth of youth work themes that they can offer in their locality, and share resources without each of them having to have and hold their own. So what? The impact of this is a much richer and broader youth work offer to every young person in Perth and Kinross. We may not be able to genuinely claim that every young person is engaged but the statistics tell us that the Perth and Kinross Youth Work Alliance is directly reaching one third of the Secondary School pupils in Perth and Kinross."

### BETTER ABLE TO RESPOND TO CHANGES IN NEED

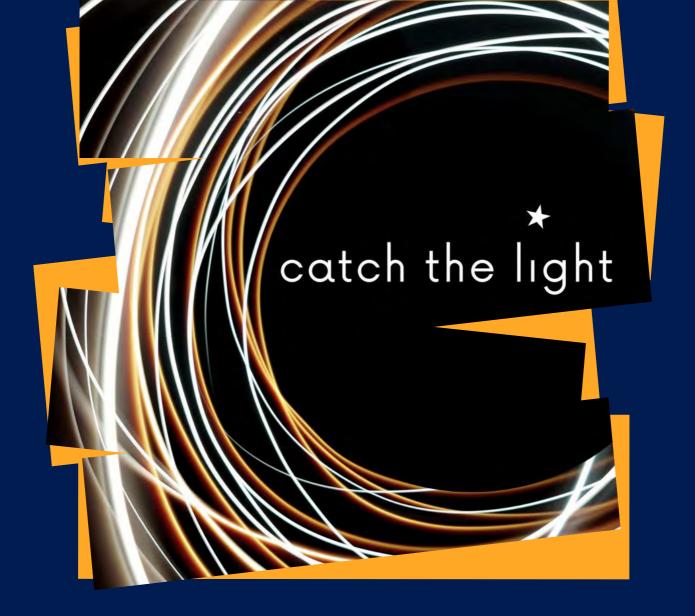
"As changes in need are identified, each partner has the ability to draw down knowledge from a much larger pool of youth work experience, and this is actively done. It can be as simple as a chat on the 'phone to mentoring support or calling in external training with a much larger group of delegates than could be achieved in one locality."

### **INCREASED MUTUAL TRUST FOR A BETTER FUTURE**

"The Perthshire Youth Work Partnership is not constituted as an agency in its own right, it exists and achieves strength from trust and partnership working. This is evident in that, as it is not constituted, it cannot legally act as an entity to apply for funding but does so with one locality acting on behalf of the whole partnership. This has been achieved with good success. The Partnership is currently working with the Cranfield Trust to develop a strategy for longer term sustainability and to build on the successes of the first three years."

Catch the Light wishes to thank the <u>Gannochy Trust</u>, <u>Perth & Kinross Council</u> and all of the partners for their support and cooperation in compiling the independent evaluation over three years, particularly for the way everyone adapted during the pandemic. For any questions about the report contact: <u>tila@catchthelight.biz</u> or call: 07931 474180







Use the links below to contact us

